

# ASD & ADULT MENTAL HEALTH - FULL DAY WORKSHOP

[www.mindful.org.au/Autism-Training](http://www.mindful.org.au/Autism-Training)

## Who is this training for?

Psychiatrists, Psychologists, Occupational Therapists, Social Workers, Speech Pathologists, and Psychiatric Nurses. Subsidised places are available for clinicians employed by a Victorian Public Mental Health service and Headspace Clinicians.

## Who provides the training?

Dr Emma Radford, Consultant Psychiatrist, Inner West Area Mental Health Service - Royal Melbourne Hospital  
Jo Rouse, Senior Clinician & ASD Coordinator, Orygen Youth Health.

## What does the training include?

Autism spectrum disorder is now commonly diagnosed in childhood, but this was not the case for the generation who are now adults. Changes in diagnostic practices and a growing awareness about how Autism presents in adulthood brings new opportunities to provide a diagnosis to those who were missed. Therefore, there is an increasing need for psychiatrists and other mental health clinicians to be able to recognise autism in the context of comorbid psychiatric disorders such as psychosis, personality disorder, depression and anxiety.

This training will focus on practical approaches to diagnosis and treatment through discussion of clinical vignettes:

### 1. Recognising ASD in psychiatric clients presenting with other mental health disorders


- Understanding the differences between how autism presents in adults and children
- Identifying the red flags for autism in crisis presentations
- Screening tools
- Consideration of the pros & cons of diagnosis
- Referral options and resources

### 2. Working with adult clients with a known diagnosis of ASD

- Strategies for engagement
- Modifying treatment approaches
- Practical tools for intervention and therapy resources

## Where are we?

Mindful - Centre for Training and Research in Developmental Health  
Department of Psychiatry,  
University of Melbourne


 Building C, 50 Flemington St,  
Travancore, VIC 3032

**P** Parking is not available on site,  
see Mindful website for further  
information.

## Enquiries

Please direct enquiries to Frances  
Saunders, Statewide Autism Training  
Coordinator at

 [mindful-asd@unimelb.edu.au](mailto:mindful-asd@unimelb.edu.au)

 03 9371 0200



## DATE

**Friday 7th June 2019**

**Full Day Seminar, 9:00am to 16:30pm (Registration 8:45am)**

\$198 inc. GST - others

\$99 inc. GST - Subsidised cost - Publicly employed Victorian Mental Health clinicians  
and Headspace clinicians

## Registration and attendance information

**Registration**  
Register online at  
[www.mindful.org.au/Autism-Training](http://www.mindful.org.au/Autism-Training)

We encourage prompt registration as some workshops reach their capacity early. It is possible that additional workshops will be run if there is sufficient interest.  
The subsidised rate applies to publicly employed Victorian Mental Health clinicians and Headspace clinicians only.

### Payment

Please register and pay online.  
Please note that costs for all workshops include the Goods and Services Tax (GST).

### Cancellation

Registered participants who are unable to attend and notify us of this in writing prior to 14 days before the workshop may either:  
(1) cancel their registration and receive a refund of their payment minus a \$25 administration fee;  
(2) transfer their registration to another participant (no fee)

### Attendance

A certificate of attendance will be provided.

### Disclaimer

At the time of printing, all information in this poster was correct. Mindful reserves the right to make changes to the training calendar or any general or specific information published in this calendar. Mindful reserves the right to cancel courses that do not achieve minimum participation, in which case, all fees will be refunded.

See Mindful website for further information about workshops. Additional workshops may be added to the calendar later in the year. Check the website for updates



*Mindful*