

# ASD SLEEPING & EATING - HALF DAY WORKSHOP

[www.mindful.org.au/Autism-Training](http://www.mindful.org.au/Autism-Training)

## Who is the training for?

Mental Health Clinicians and other professionals such as psychologists, social workers, speech pathologists, occupational therapists, paediatricians, psychiatrists and registrars, working with children and young people with ASD.

\*A limited number of subsidised places are available for Victorian CAMHS/CYMHS clinicians.

## Who provides the training?

Dr Deb Marks is consultant paediatrician for the RCH Mental Health Specialist Autism Team. Dr Marks is a paediatrician with child psychiatry training who has worked in mental health specializing in autism for over 20 years.

Dr Claire Burton is a clinical psychologist who has worked in a range of CAMHS settings. Dr Burton is currently works for the RCH Eating Disorders where she has been a senior clinician for a number of years providing Family Based Treatment (FBT) for anorexia nervosa.

## What does the training include?


Dr Deb Marks will present on sleep disorders in autism including background issues and aetiology, and simple behavioural measures that can be used in mental health consultations to improve sleep.

Dr Claire Burton will present on fussy and restricted eating in ASD and at what point it should be considered an eating disorder. The difference between Avoidant/restrictive food intake disorder (ARFID) and Anorexia Nervosa will be discussed and current thinking regarding treatment for ARFID in children and adolescents.

These presentations will include clinical case presentations and there may be an opportunity for attendees to raise clinical challenges and concerns when working with these children young people if time allows.

### Where are we?

Mindful – Centre for Training and Research in Developmental Health  
Department of Psychiatry,  
University of Melbourne


 Building C, 50 Flemington St,  
Travancore, VIC 3032

**P** Parking is not available on site,  
see Mindful website for further  
information.

### Enquiries

Please direct enquiries to Frances  
Saunders, Statewide Autism Training  
Coordinator at

 [mindful-asd@unimelb.edu.au](mailto:mindful-asd@unimelb.edu.au)

 03 9371 0200



### DATE

Thursday 23rd August 2019

Half Day Seminar, 9:00am to 12:30pm (Registration 8:45am)

\$99 inc. GST - Non CYMHS clinicians

\$55 inc. GST - Subsidised cost - CYMHS/CAMHS clinicians

## Registration and attendance information

### REGISTRATION

Register online at  
[www.mindful.org.au/Autism-Training](http://www.mindful.org.au/Autism-Training)

We encourage prompt registration as  
some workshops reach their capacity  
early. It is possible that additional  
workshops will be run if there is  
sufficient interest.  
The subsidised rate applies to Victorian  
CAMHS/CYMHS only.

### PAYMENT

Please register and pay online.  
Please note that costs for all  
workshops include the Goods and  
Services Tax (GST).

### CANCELLATION

Registered participants who are unable to  
attend and notify us of this in writing prior to  
14 days before the workshop may either:  
(1) cancel their registration and receive a  
refund of their payment minus a \$25  
administration fee;  
(2) transfer their registration to another  
participant (no fee)

### ATTENDANCE

A certificate of attendance will be  
provided.

### DISCLAIMER

At the time of printing, all information in this  
poster was correct. Mindful reserves the right  
to make changes to the training calendar or  
any general or specific information published  
in this calendar. Mindful reserves the right to  
cancel courses that do not achieve minimum  
participation, in which case, all fees will be  
refunded.

See Mindful website for further information about  
workshops. Additional workshops may be added  
to the calendar later in the year. Check the  
website for updates

Dates and prices correct as of 18 December 2019



*Mindful*