

ASD AND COMORBIDITY IN YOUNG PEOPLE

mindful.org.au/Autism-Training.aspx

Young people with Autism Spectrum Disorder (ASD) are experiencing higher rates of comorbid mental disorder, especially at times of increased stress and change and there are complex challenges for mental health professionals working with this group.

WHO PROVIDES THE TRAINING?

Joanna Rouse is the Autism Spectrum Disorders Coordinator and a Senior Occupational Therapist at Orygen Youth Health. Joanna works with young people and families who are experiencing severe and complex mental health difficulties, including psychosis, depression, anxiety, and personality issues.

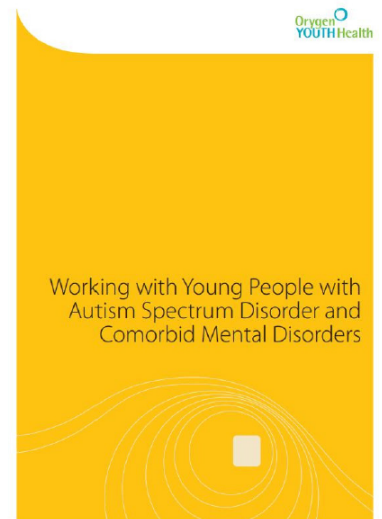
WHAT DOES THE TRAINING INCLUDE?

This workshop will address various challenges of this work, by sharing current knowledge and clinical experience, and providing opportunity to try out developmentally appropriate resources to support clinical work. It will include:

- Identifying and talking about features of ASD with young people.
- Differentiating between ASD and symptoms of a comorbid mental disorder
- Modifying treatment for young people with ASD
- Applying intervention skills through use of ASD manual worksheets

Participants will receive a copy of the manual "Working with Young People with Autism Spectrum Disorder and Comorbid Mental Disorders".

Clinicians are strongly recommended to bring a case to the seminar for discussion and treatment planning.




Please note:


We encourage early registration as some workshops reach capacity quickly. Additional workshops may be scheduled if there is sufficient interest.

Fees listed include the Goods and Services Tax (GST).

Where are we?


Mindful – Centre for Training and Research in Developmental Health
Department of Psychiatry,
University of Melbourne


 Building C, 50 Flemington St,
Travancore, VIC 3032

 Parking is not available on site, see Mindful website for further information.

Enquiries

Please direct enquiries to Frances Saunders, Statewide Autism Training Coordinator at

 mindful-asd@unimelb.edu.au

 03 9371 0200

 **DATE (9.00am - 12.30pm)**
Friday 28 August 2020

COST: \$99

Subsidised rate of \$55 is available for Victorian CYMHS/CAMHS clinicians, Headspace clinicians, and other Victorian publicly employed mental health clinicians.

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Register online at mindful.org.au/Autism-Training.aspx

Disclaimer:

All information correct at time of printing. Mindful reserves the right to make changes to the training calendar or any general or specific information published in this calendar. Mindful reserves the right to cancel courses that do not achieve minimum participation, in which case, course fees will be refunded.