

# ASD & ADULT MENTAL HEALTH

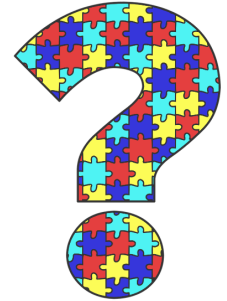
[mindful.org.au/Autism-Training.aspx](http://mindful.org.au/Autism-Training.aspx)

## WHO IS THE TRAINING FOR?

Psychiatrists, Psychologists, Occupational Therapists, Social Workers, Speech Pathologists, and Psychiatric Nurses.

## WHO PROVIDES THE TRAINING?

Dr Emma Radford, Consultant Psychiatrist, Royal Melbourne Hospital  
Jo Rouse, Senior Clinician & ASD Coordinator, Orygen Youth Health



## WHAT DOES THE TRAINING INCLUDE?

Autism spectrum disorder is now commonly diagnosed in childhood, but this was not the case for the generation who are now adults. Changes in diagnostic practices and a growing awareness about how Autism presents in adulthood brings new opportunities to provide a diagnosis to those who were missed. Psychiatrists and other mental health clinicians need to be able to recognise autism in the context of comorbid psychiatric disorders such as psychosis, personality disorder, depression and anxiety. This training will focus on practical approaches to diagnosis and treatment through discussion of clinical vignettes:

1. Recognising ASD in psychiatric clients presenting with other mental health disorders
  - Understanding the differences between how autism presents in adults and children
  - Identifying the red flags for autism in crisis presentations
  - Screening tools
  - Referral options and resources
2. Working with adult clients with a known diagnosis of ASD
  - Strategies for engagement
  - Modifying treatment approaches
  - Practical tools for intervention and therapy resources

Prior to the training, you will be sent an email with pre-reading materials, the full schedule, and information about the venue. Morning/afternoon tea and lunch will be provided.


### Please note:


We encourage early registration as some workshops reach capacity quickly. Additional workshops may be scheduled if there is sufficient interest.

Fees listed include the Goods and Services Tax (GST).

### Where are we?


Mindful – Centre for Training and Research in Developmental Health  
Department of Psychiatry,  
University of Melbourne


 Building C, 50 Flemington St,  
Travancore, VIC 3032

 Parking is not available on site, see Mindful website for further information.

### Enquiries

Please direct enquiries to Frances Saunders, Statewide Autism Training Coordinator at

 [mindful-asd@unimelb.edu.au](mailto:mindful-asd@unimelb.edu.au)

 03 9371 0200

### DATES (9.00am - 4.30pm)

Friday 13 March 2020

Friday 29 May 2020

### COST: \$198

Subsidised rate of \$99 is available for Victorian CYMHS/CAMHS clinicians, Headspace clinicians, and other Victorian publicly employed mental health clinicians.



Register online at [mindful.org.au/Autism-Training.aspx](http://mindful.org.au/Autism-Training.aspx)

### Disclaimer:

All information correct at time of printing. Mindful reserves the right to make changes to the training calendar or any general or specific information published in this calendar. Mindful reserves the right to cancel courses that do not achieve minimum participation, in which case, course fees will be refunded.