

EATING DISORDERS IN ASD 2022

WHO IS THE TRAINING FOR?

Mental Health Clinicians and other professionals such as psychologists, social workers, speech pathologists, occupational therapists, paediatricians, psychiatrists and registrars, working with children and young people with ASD.

WHO PROVIDES THE TRAINING?

Dr Claire Burton is a clinical psychologist who has worked in a range of CAMHS settings. Dr Burton is currently works for the RCH Psychology Service. She has over 10 years experience treating paediatric eating disorders.

WHAT DOES THE TRAINING INCLUDE?

Feeding and eating difficulties are very common in children and adolescents on the autism spectrum, with estimates ranging from 46-89%. This online workshop will summarise the literature regarding fussy eating and eating disorders in young people on the autism spectrum, overview assessment of these issues, and review the evidence – based interventions. Interventions for Avoidant/Restrictive Food Intake Disorder (ARFID) in *older children and adolescents will form the major focus*.

Treatment focuses on a combination of techniques aimed at addressing both weight gain/normalization of eating and additional symptoms including fear, disgust, and varying forms of functionally-related avoidance behavior. Case-studies and interactive activities will be used to demonstrate key interventions.

View all our ASD training workshops at:

mindful.org.au/Autism-Training.aspx

Please note:

We encourage early registration as some workshops reach capacity quickly. Additional workshops may be scheduled if there is sufficient interest.

Fees listed include the Goods and Services Tax (GST).

Where are we?

Mindful – Centre for Training and Research in Developmental Health
Department of Psychiatry,
University of Melbourne



This training will be delivered online via live Zoom videoconference

Enquiries

Please direct enquiries to Frances Saunders, Statewide Autism Training Coordinator at:

✉ mindful-asd@unimelb.edu.au



DATE (9.00am - 12.30pm)

Monday 16th May (online)

COST: \$110

Subsidised rate of \$55 is available to Victorian CYMHS/CAMHS clinicians, Orygen staff, Headspace staff and Take Two staff



Register online at ecommerce.unimelb.edu.au/mindful

Disclaimer: All information correct at time of printing. Mindful reserves the right to make changes to the training calendar or any general or specific information published in this calendar. Mindful reserves the right to cancel courses that do not achieve minimum participation, in which case, course fees will be refunded.

Cancellation Policy: Registered participants who are unable to attend and notify us of this in writing prior to fourteen days before the workshop may either: (1) cancel their registration and receive a refund of their payment minus administration fee of 20% or \$40, whichever is greater; (2) transfer their registration to another eligible participant (no fee); (3) in some circumstances may be able to transfer their registration to an equivalent-cost ASD workshop in the same calendar year, if space is available. Participants who cancel 14 to 2 business days before the workshop may be permitted to transfer their registration to another eligible participant (no fee). In exceptional circumstances, please contact Mindful.