

EATING DISORDERS IN ASD

mindful.org.au/Autism-Training.aspx

WHO IS THE TRAINING FOR?

Mental Health Clinicians and other professionals such as psychologists, social workers, speech pathologists, occupational therapists, paediatricians, psychiatrists and registrars, working with children and young people with ASD.

WHO PROVIDES THE TRAINING?

Dr Claire Burton is a clinical psychologist who has worked in a range of CAMHS settings. Dr Burton is currently works for the RCH Eating Disorders where she has been a senior clinician for a number of years providing Family Based Treatment (FBT) for anorexia nervosa.

WHAT DOES THE TRAINING INCLUDE?

Feeding and eating difficulties are very common in children and adolescents on the autism spectrum, with estimates ranging from 46-89%. This workshop will summarise the literature regarding fussy eating and eating disorders in young people on the autism spectrum, overview assessment of these issues, and review the evidence –based interventions. Interventions for Avoidant/Restrictive Food Intake Disorder or, ARFID, in *older children and adolescents will form the major focus.*

Treatment focuses on a combination of techniques aimed at addressing both weight gain/normalization of eating and additional symptoms including fear, disgust, and varying forms of functionally-related avoidance behavior. Case-studies and interactive activities will be used to demonstrate key interventions.


Please note:


We encourage early registration as some workshops reach capacity quickly. Additional workshops may be scheduled if there is sufficient interest.

Fees listed include the Goods and Services Tax (GST).

Where are we?


Mindful – Centre for Training and Research in Developmental Health
Department of Psychiatry,
University of Melbourne


 Building C, 50 Flemington St,
Travancore, VIC 3032

 Parking is not available on site, see Mindful website for further information.

Enquiries

Please direct enquiries to Frances Saunders, Statewide Autism Training Coordinator at

 mindful-asd@unimelb.edu.au

 03 9371 0200



DATE (9.00am - 12.30pm)

Thursday 3 September 2020

COST: \$99

Subsidised rate of \$55 is available for Victorian CYMHS/CAMHS clinicians, Headspace clinicians, and other Victorian publicly employed mental health clinicians.



Register online at mindful.org.au/Autism-Training.aspx

Disclaimer:

All information correct at time of printing. Mindful reserves the right to make changes to the training calendar or any general or specific information published in this calendar. Mindful reserves the right to cancel courses that do not achieve minimum participation, in which case, course fees will be refunded.