

## COURSE DATES, TIMES, VENUE, FEES

### Dates for 2017:

The course is run on Wednesday mornings.

Semester 1: ..... 1 March – 24 May

Semester 2: ..... 26 July – 18 October

### Times:

Coursework Subjects: ..... 9:00 am to 11:00 am

Clinical Practicums: ..... 11:30 am to 1:30 pm

### Venue:

*Mindful* – Centre for Training and Research in Developmental Health, 50 Flemington Street, Travancore

### Fees:

Please contact the Course Administrator

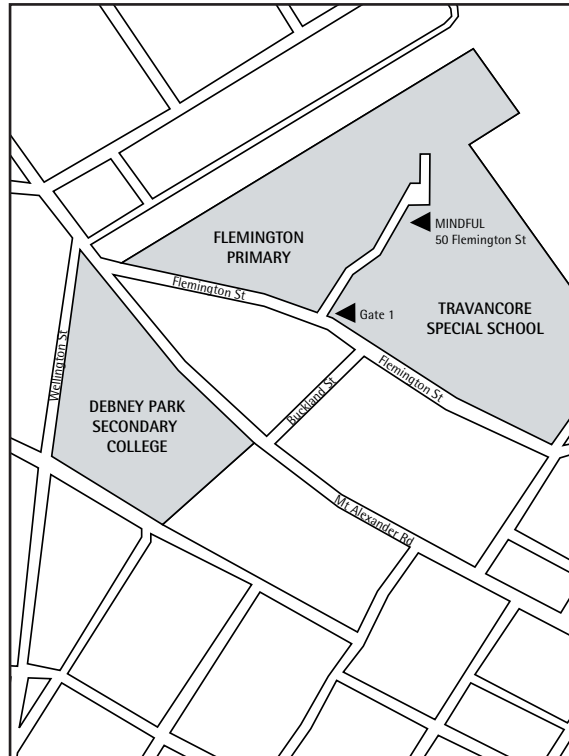
## FURTHER INFORMATION

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Enrolment in this course is conditional to sufficient enrolments being received.

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THE UNIVERSITY OF  
MELBOURNE

# Certificate In Child, Adolescent & Family Therapies



Conducted at  
Mindful – Centre for Training and Research  
in Developmental Health

*Mindful*

## INTRODUCTION

This affordable two year, part-time certificate course is offered in two streams, one on the theory and techniques of therapy, the other combining the theory with practical application. The Course can be undertaken in-house at Mindful or as part of a University of Melbourne Graduate Certificate, Graduate Diploma or Masters degree.

## AIMS OF THE COURSE

### Mindful Certificate in CAFT: Theory

Trainees learn about the theory and principles of cognitive behaviour, psychodynamic and family therapies for working with children, adolescents, families and parents.

This option is for those interested in learning about therapies with children, adolescents, families and parents but who may not yet be offering therapy. This offers an in-depth foundation in CBT, psychodynamic and family therapy.

### Mindful Certificate in CAFT: Theory and Clinical Practice

Trainees learn about the theory and principles of cognitive behaviour, psychodynamic and family therapies for working with children, adolescents, families and parents and then put this knowledge into practice in clinical supervision.

This option is for those offering therapy to children, adolescents, families or parents who want a strong foundation in theory as well as supervision in how to put this into practice.

## COURSE STRUCTURE

The Mindful certificate in CAFT: Theory requires the completion of the four theory subjects. The Mindful Certificate in CAFT: Theory and Clinical Practice requires the completion of the four theory subjects plus the four clinical practicums.

### Theory Component

The theory components comprise seminars combining didactic teaching with discussion and experiential learning.

The four theory subjects are:

- Foundations of Working with Children
- Foundations of Working with Adolescents
- Foundations of Working with Families
- Foundations of Parent and Liaison Work

### Clinical Practice Practicums

Clinical practice practicums comprise closely supported training in the application of various forms of clinical work through close supervision with experienced clinicians.

The four clinical practice practicums are:

- Working with Children
- Working with Adolescents
- Working with Families
- Conducting Parent and Liaison Work

Whilst participating in each of the clinical practicums, students must work with the relevant population, eg., during the "Working with Children" practicum, trainees must have direct therapeutic contact with children aged 0-12 years. Applicants who do not have the required access to children, adolescents, or families are helped to seek opportunities for access through other services.

This course can be taken as part of a University of Melbourne Graduate Certificate, Graduate Diploma or a Masters in Mental Health Sciences. Students in the Masters will also complete a research component of the course.

## ASSESSMENT & ACCREDITATION

### Theory Component

A written essay of 4,000 words plus a mid-term test, for each of the four theory subjects.

### Clinical Practice Component

A written case assessment of 3,000 to 3,500 words and a log of 20 clinical therapy contacts for each of the four clinical practice practicums.

Selection Criteria for the Certificate in CAFT: Theory:

1. Graduates with a relevant undergraduate degree (eg Psychology, occupational therapy, speech pathology, general or psychiatric nursing, social work, medicine, education, or other similar disciplines).
2. Sufficient experience and/or prior training in conducting assessments and working with children, adolescents, and families with a variety of social, emotional, behavioural, and developmental difficulties.

Selection Criteria for the Certificate in CAFT: Theory and Clinical Practice:

1. Selection criteria 1 and 2 (above) for the Theory only component of the course *plus*,
2. Employment (full-time or part-time) within a service that provides access to children and/or adolescents, and/or families. This is because students need to be able to use the techniques they learn in their own therapeutic work.

Applications must be submitted by 25 November for Semester 1 intake, or 30 June for Semester 2 intake. Late applications will be considered only if places are available within the quota. The course will run subject to sufficient enrolments.

