

# Child and Youth Mental Health: Introduction to Assessment Short Course

## WHY

This course is designed for professionals working in clinical settings and related areas who want to understand more about the process of child and youth mental health assessment. It involves teaching and practical exercises for participants to develop basic skills in clinical assessment. This course is a prerequisite for the Developmental Psychiatry Course (DPC), Mindful's well-established one-year part-time course, which runs throughout the year.

## WHO

Professionals working with children and adolescents. This may include social workers, occupational therapists, speech pathologists, psychiatric nurses, and psychologists, as well as those working in education, child and family services and general medicine.

## WHEN

Wednesday 6 February – Friday 8  
February 2019

## WHAT

2.5 days of teaching and practical exercises, focusing on fundamentals of assessment with children, adolescents, parents and families, including:

- \* child assessment
- \* adolescent assessment
- \* parent interview
- \* family assessment
- \* multidisciplinary assessment
- \* risk assessment
- \* carer perspective
- \* formulation, diagnosis and feedback

## COST

For those also enrolling in DPC:  
\$390 (GST-exempt)

As a standalone course : \$490  
(plus GST: Short courses are not eligible for GST exemption).

*Mindful*

Mindful - centre for training and  
research in developmental health



For further information or to express interest contact the Course Administrator, Carys Lewis, at [mindful-info@unimelb.edu.au](mailto:mindful-info@unimelb.edu.au) or telephone (03) 9371 0220. Places are limited, with preference given to DPC participants. Further information and application forms are available at [www.mindful.org.au](http://www.mindful.org.au).

Course Coordinator : Dr Catharine McNab