

## PREREQUISITES

Satisfactory completion of "Child & Youth Mental Health - Introduction to Assessment Short Course", also conducted at Mindful. Experienced child and adolescent practitioners may apply for advanced standing so that they do not need to attend the introductory course.

The 2018 fee for the CYMH Intro short course will be \$370 for DPC enrollees and the course must be undertaken prior to commencement of the Developmental Psychiatry Course. Dates for the CYMH Intro short course will be 7-9 February 2018.

## SELECTION CRITERIA

Preference is given to those applicants who have a relevant undergraduate qualification, and who are employed part-time or full-time within a service that provides the applicant with access to infants and/or children and/or adolescents and/or families. Consideration will be given to applicants who do not meet these criteria.

Applications close on 24th November 2017. Late applications will be considered only if places are available. The course will run subject to sufficient enrolments.

## COURSE TIMES, VENUES, FEES

The course is held on Wednesdays according to the Victorian school term timetable.

### Times:

Clinical Component: . . . . .9:00 am to 12:00 noon

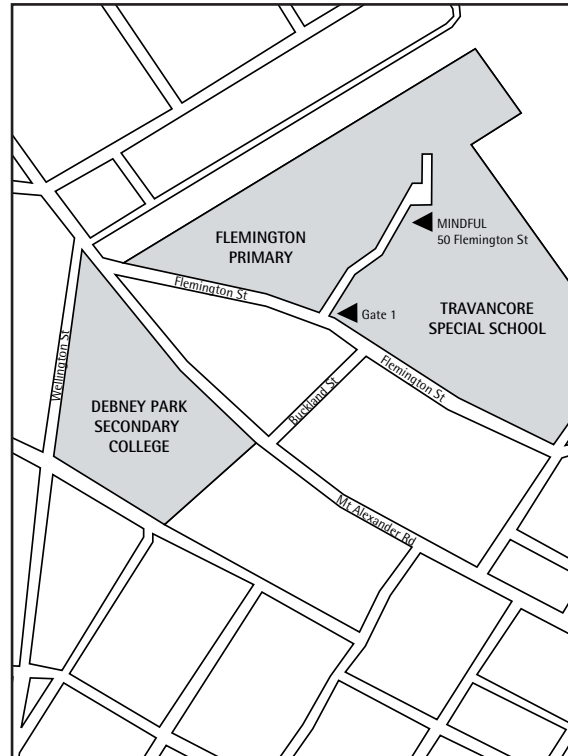
Seminar Component: . . . . .1:30 pm to 3:30 pm

### Venue:

*Mindful* - centre for training and research in developmental health, Bldg C, 50 Flemington St, Travancore, Victoria.

*Distance Education* – Through arrangement with the coordinator, groups of trainees may access the course via videoconference.

Fee for 2018 . . . . . \$2,050.



## FURTHER INFORMATION

### Course Administrator:

*Mindful* - Centre for Training and Research in Developmental Health

The University of Melbourne  
50 Flemington Street (NOT Flemington Road)  
Travancore Vic 3032

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# Developmental Psychiatry Course



Conducted at  
*Mindful* – Centre for Training and Research  
in Developmental Health

*Mindful*

## INTRODUCTION

The Developmental Psychiatry Course is a one year part-time course. It is designed for professionals who aim to develop their knowledge and skills in assessing children, adolescents and families presenting with a variety of social, emotional, behavioural, and developmental difficulties.

The course builds a foundational knowledge in normal and abnormal development across the developmental stages, and builds competency in assessment, diagnosis, formulation, and treatment planning.

Conducted for approximately 30 years and now emulated in New South Wales and Western Australia, the course is accepted as the benchmark for vocational training in fundamental skills for the child and adolescent mental health field. Graduates are often eligible to pursue studies in the Certificate in Child, Adolescent & Family Therapies.

## AIMS OF THE COURSE

On completion of this course participants will have:

- established a knowledge of the theory and practice of developmental psychiatry;
- established an understanding of the developmental phases of early human psychological development;
- established an understanding of the different manifestations of normal and abnormal psychological development;
- developed effective and efficient skills in the observation and recording of significant aspects of human development;
- developed skills in the areas of assessment, formulation, and diagnosis of children and adolescents who present for treatment.



## COURSE STRUCTURE

The Developmental Psychiatry Course comprises two main components: (a) a clinical component and (b) a seminar component. These aim to complement clinical work undertaken by participants in their own workplaces, and other reading and observational assignments occurring in the participants' own time.

### a) Clinical Component

#### Assessments

Groups of five to seven participants are placed at the Alfred, Austin & Repatriation Medical Centre, Monash Medical Centre, Maroondah Child and Adolescent Mental Health Service or Royal Children's Hospital Mental Health Service. To begin, a Consultant demonstrates the assessment process, and participants observe through a one-way screen. In turn, each participant undertakes a new case assessment supervised by a Consultant and conferenced with other members of the group.

In general, assessments include a family interview, a parent interview, a child interview and a feedback session conducted over a four-week period. The order of these interviews is arranged through discussion with the Consultant.

For each session, the Consultant discusses the content, technique and process with the group.

By the end of the year each participant will have conducted at least one assessment and observed seven further assessments. Clinical assessment sessions are held each Wednesday morning.

When participants conduct assessments, they are required to fulfil liaison, record keeping, and other relevant tasks concerned with the appropriate professional management of the case.

#### Case Report

Participants prepare a case report for the assessment conducted by them. This is reviewed by the Consultant and a copy of the Consultant's appraisal is forwarded to the participant.

### Formulations

Participants who observe clinical assessments submit formulations to the Clinical Coordinator at the completion of each assessment. These are reviewed by the Consultant and returned to the participants.

### b) Seminar Component

#### Seminar Presentations

The seminar presentations focus on normal development through the life cycle, systematically focusing on infancy, the toddler, the pre-school child, the school-age child, adolescence, and parenting. The series of presentations includes attention to disturbances of development and clinical problems relevant to each phase being studied.

Thirty-eight topics are covered by experts in their respective fields. The seminars are held each Wednesday afternoon at *mindful*.

#### Developmental Observations

Developmental observations are made of the following stages: infancy; toddlerhood; pre-school child; school-age child; adolescence and parenthood. Each participant is required to submit brief reports summarising their formal observation of each of these stages. The reports are assessed and returned to the participants.

## ACCREDITATION

A certificate of successful completion is awarded to participants who have:

- attended at least 80% of the sessions in both seminar and clinical components;
- completed one supervised assessment;
- completed one case report and relevant documentation to the satisfaction of the Consultant;
- submitted all the required formulations;
- completed all developmental observation assignments and submitted the required reports.