

# Developmental Psychiatry Course

The Development Psychiatry Course (DPC) is an established 1-year, part-time course that provides knowledge and skills related to assessment of mental health difficulties in children, adolescents and their families.

## WHY

The DPC focuses on skills and theory relevant to assessing and understanding children and adolescents presenting with a range of clinical difficulties. It builds a core knowledge of normal and abnormal development across the developmental stages, and builds competency in assessment, formulation, and treatment planning. The DPC is accepted as the benchmark for vocational training in fundamental skills for the child and adolescent mental health field.

## WHO

Professionals working with children & adolescents. This may include psychologists, social workers, occupational therapists, psychiatric nurses, speech pathologists and those working in education, child and family services, or general medicine. Prerequisite: Mindful's CYMHS Intro course or equivalent

## WHAT

**Theory:** four terms of seminars covering infants, toddlers, preschoolers, school-aged children, adolescents, adolescents, and contextual factors.

**Skills:** four terms of supervised and supported experience conducting assessments at a Victorian CAMHS.

## WHEN

Classes are held during Victorian school term dates, commencing 8 February 2019.

**Introduction:** Friday 8th February 2019, thereafter:

**Skills:** Wednesday mornings, commencing 13th February 2019

**Theory:** Wednesday afternoons, commencing 13th February 2019

## COST

\$2,100 - GST-free

The logo for Mindful, featuring the word "Mindful" in a stylized, cursive script.

Mindful - centre for training and research in developmental health



For further information or to express interest contact the Course Administrator, Carys Lewis, at [mindful-info@unimelb.edu.au](mailto:mindful-info@unimelb.edu.au) or telephone (03) 9371 0220. Places are limited. Further information and application forms are available at [www.mindful.org.au](http://www.mindful.org.au).

**Course Coordinator : Dr Catharine McNab**