

# AUTISM AND ADHD

July - December 2024

## WHO IS THE TRAINING FOR?

Mental health clinicians and other professionals such as psychologists, social workers, speech pathologists, occupational therapists, mental health nurses, paediatricians, headspace clinicians, psychiatrists and registrars, working with autistic children and adolescents.



## WHO PROVIDES THE TRAINING?

**Dr. Emma Sciberras:** Senior Clinical Psychologist, Developmental Assessment and Management Program (DAMP) at Alfred CYMHS & Honorary research fellow, Murdoch Children's Research Institute  
**Associate Professor Daryl Efron:** Paediatrician, Royal Children's Hospital & Honorary research fellow, Murdoch Children's Research Institute

**Johanna Rouse:** Senior Occupational Therapist & Autism Clinician, Mindful. Jo is the former coordinator of the Orygen Neurodevelopmental stream.

**Frances Saunders:** Statewide Autism Coordinator & Senior Speech Pathologist, Mindful

**Emily Unity:** Mental health advocate. Emily is informed by their intersectional lived and living experiences in mental health, neurodivergence, LGBTIQI+ and multiculturalism.

**Jade Parsons:** Consultant & mental health & diversity inclusion advocate. Jade has experience of neurodivergence as an adult and a parent.

## WHAT DOES THE TRAINING INCLUDE?

This workshop will focus on Autism and ADHD in children 0 -12 and adolescents (diagnosed in childhood). This workshop will help participants to understand:

- What is ADHD and how common is ADHD in autistic children and adolescents.
- Key co-occurring features.
- Overview of assessment process for ADHD in the context of autism or autism assessment.
- Best practice supports and practical strategies for ADHD and co-occurring autism.
- Lived experience perspectives of the diagnostic process and parenting neurodivergent children will be incorporated throughout.

Whilst this workshop does not focus on late diagnosis in adolescents or adults, current clinical challenges will also be discussed.

### View all our Autism training workshops at:

<https://mindful.org.au/asd-training>

### Please note:


We encourage early registration as some workshops reach capacity quickly. Additional workshops may be scheduled if there is sufficient interest.

Fees listed include the Goods and Services Tax (GST).

### Where are we?

Mindful - Centre for Training and Research in Developmental Health  
 Department of Psychiatry,  
 University of Melbourne

Building C, 50 Flemington Street,  
 Travancore VIC 3032

 This training will be delivered as a live webinar via Zoom unless otherwise indicated.

### Enquiries

Please direct enquiries to Frances Saunders, Statewide Autism Training Coordinator at:

✉ [mindful-asd@unimelb.edu.au](mailto:mindful-asd@unimelb.edu.au)



**DATE (9:00am - 2:30pm)**

Tuesday 3rd Dec (live webinar)

**COST: \$180**

**Subsidised rate of \$90 is available to Victorian CYMHS/CAMHS/ICYMHS: including Orygen, Children's Health & Wellbeing Locals, Victorian headspace, ACCHO/ACCHS, Take Two clinicians.**

Register online at <https://mindful.org.au/asd-training>



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MELBOURNE