



## Mindful Introduction to Infant Mental Health (MIIMH) Online Course

The *Mindful* Introduction to Infant Mental Health (MIIMH) is a half day, online, on-demand training course providing an introduction to the ideas, research and clinical practice concerning the mental health and wellbeing of children 0-5 years and their families/carers.

Over 4 modules it covers infant and early childhood development, an introduction to Attachment Theory and principles of therapeutic work with infants and young children and their families/carers. It provides an ideal start for clinicians beginning practice with infants and young children as well as those seeking a refresher on the topic.

### **THIS COURSE IS FOR:**

The training is suitable for clinicians (all disciplines) working in CAMHS/CYMHS and professionals working in child protection, family support and early childhood sectors interested in infant mental health.

### **COST:**

**FREE:** Victorian ICYMHS (CAMHS/CYMHS/Orygen) clinicians  
**\$80:** Victorian Take Two, headspace, ACCHO/ACCHS clinicians  
**\$160:** Other Victorian & interstate clinicians

### **ENQUIRIES:**

Please contact [mindful-iimh@unimelb.edu.au](mailto:mindful-iimh@unimelb.edu.au)



Register online at

[mindful.org.au/developmental-mental-health-training/miimh](https://mindful.org.au/developmental-mental-health-training/miimh)