

Core Training 2026

# Autism and Positive Behaviour Support

This one-day in-person workshop focuses on the **child and adolescent** age group and encompasses skill development in the following areas:

- Using Positive Behaviour Support within a neuroaffirming framework
- Understanding behaviours of concern and how to create a supportive environment for neurodivergent people
- Collaborative problem solving with the young person and carers
- Creating an autism specific profile and behaviour support plan
- Finding the function of a behaviour of concern
- Supporting the development of new skills to promote independence and quality of life.

**Pre-Course Requirement:** Participants will complete an autism profile on a child/adolescent client. This profile will be used in workshop activities, allowing you to directly apply new knowledge, strategies, and skills learned during the workshop.

## Who is the training for?

Mental health professionals **working with clients aged 2-15 years** (or older youth with co-occurring ID), e.g. psychologists, speech pathologists, social workers, occupational therapists, nurses, teachers, early intervention workers, family support workers, headspace clinicians, paediatric fellows, and trainees in child & adolescent psychiatry.



## Who provides the training?

**Leah Dalton**, Mental Health Social Worker

**Jenny Reid**, Speech Pathologist & Clinical Educator

Both presenters have extensive experience working with neurodivergent children and youth implementing a positive behaviour support approach. They have worked in mental health, education and community settings.

**DATE:** Wednesday 20 May

**TIME:** 9:00am – 4:30pm

**LOCATION:** Mindful Centre, Travancore, VIC

**COST:** \$280 / \$135\*

\*Subsidised rate for Victorian clinicians in ICYMHS, headspace, Take Two, ACCHOs, & Children's Health & Wellbeing Locals.

**Register online at [mindful.org.au/autism-training](http://mindful.org.au/autism-training)**

\*These workshops are not recorded.

Please read our [Cancellation and Attendance policy](#) before booking.



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