

ADHD

Introductory

3-hour Online On-Demand Module

This module introduces clinicians to our current understanding and intervention approaches for **Attention-Deficit/Hyperactivity Disorder (ADHD) in children and adolescents**.

Topics covered include:

What is ADHD?

- Features of ADHD
- Executive Functioning
- Masking
- ADHD and trauma
- Strengths and challenges

How to identify ADHD

- Screening for ADHD
- Steps to confirming a diagnosis
- Co-occurring and differential mental health and neurodevelopmental conditions
- Avoiding diagnostic overshadowing
- Developing a shared understanding of ADHD with the individual and family

Supporting individuals with ADHD

- Non-pharmacological approaches
- Pharmacological approaches
- Supports for ADHD before and after diagnosis.

Who is the training for?

The module is designed for mental health and health professionals working with **children and adolescents**, e.g: GP's, allied health professionals such as psychologists, speech pathologists, occupational therapists, nurses, social workers and trainee psychiatrists and paediatricians.

Who provides the training?

The module has been developed by Mindful's multi-disciplinary training team in collaboration with child adolescent psychiatrist, Dr Tejas Golhar, and Dr Emma Sciberras, clinical psychologist and member of the Australian ADHD Guideline development panel. Clinical perspectives are provided by Dr Daryl Efron, paediatrician. Module also includes lived and living experienced perspectives.



**Available online
on-demand**

Additional Information

This module provides participants with:

- Further recommended reading list
- Helpful documents and resources for clinician's tool kit
- Factsheets for ADHD in specific populations
- Pre and post course self-evaluation
- Certificate of completion for CPD requirements

SPECIAL LAUNCH PRICE: \$180 / \$50*

*Price for Victorian clinicians in ICMHS, headspace, Take Two, ACCHOs & Children's Health and Wellbeing Locals.

Register online at mindful.org.au/ADHD