

# ADULT AUTISM INTRODUCTORY COURSE

July - December 2024

## WHO IS THE TRAINING FOR?

Psychiatrists, psychologists, occupational therapists, social workers, speech pathologists, mental health nurses and peer support workers.

## WHO PROVIDES THE TRAINING?

This training is provided as a three hour online on-demand module.

## WHAT DOES THE TRAINING INCLUDE?

The Adult Autism Introductory Course is an online self-paced interactive learning module. This module provides education to adult mental health clinicians about autism. No previous knowledge of autism is assumed.

Throughout the module autistic advocate Yenn Purkis contributes their lived experience perspective on course topics such as diagnosis and misdiagnosis, and mental health services.

This course aims to raise awareness of the prevalence of autism in adulthood, as well as help clinicians to think differently about their approach to adult mental health so that they are more likely to consider autism when working with adults. During this course you will learn to:

- Identify how our understanding of autism has changed from the 20th century to the 21st century
- Understand the importance of considering a diagnosis of autism in adults with a co-occurring mental illness
- Identify potential features of autism in adults that would benefit from further assessment
- Identify the potential differences and similarities between the presentation of autism and mental health conditions in adults
- Identify adaptations that may be used to modify mental health practice to better meet the needs of autistic clients.

While completing this module, we aim to update your view of what it is to be autistic and encourage you to consider the possibility of autism when you have a patient/consumer sitting in front of you. Throughout this course, you will be hearing from autistic people directly.

**Please note it may take up to 72 hours after registration to gain access to the training.**

### View all our Autism training workshops at:

<https://mindful.org.au/asd-training>

#### Please note:

We encourage early registration as some workshops reach capacity quickly. Additional workshops may be scheduled if there is sufficient interest.

Fees listed include the Goods and Services Tax (GST).

#### Where are we?

Mindful – Centre for Training and Research in Developmental Health  
Department of Psychiatry,  
University of Melbourne

Building C, 50 Flemington Street,  
Travancore VIC 3032



This training is delivered as an online self-paced interactive learning module

#### Enquiries

Please direct enquiries to Frances Saunders, Statewide Autism Training Coordinator at:

✉ [mindful-asd@unimelb.edu.au](mailto:mindful-asd@unimelb.edu.au)

## HOW DO I REGISTER?

Visit our website to register. Follow the steps in the confirmation email.

## COST: \$132 (general registration)

**\$0\*/ \$66^**

\* **Free** for clinicians employed at Victorian publicly funded Adult Mental Health Services (AMHS), Forensicare; Victorian: CYMHS/CAMHS/ICYMHS, Orygen, Victorian Headspace, ACHHO/ACHHS and Take Two clinicians

^ Partially subsidised for Children's Health and Wellbeing Locals (Brimbank-Melton/Loddon-Bendigo/Southern-Monash)

Register online at <https://mindful.org.au/asd-training>



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