Mindful
Centre for Training and Research in Developmental Health

Developmental Psychiatry Course 2026

One-year foundational course for early career ICYMH clinicians.

DPC Theory

Build knowledge & skills in ICYMH assessment, formulation, & treatment planning through a combination of online self-paced learning, small group tutorials & focused assignments.

Dates & Times

DPC Foundations: an online self-paced package is available on enrolment and must be completed prior to starting the DPC Theory tutorials.

Tutorials start on Wednesday, 28th of January 2026.

Semester 1

- Weekly online self-paced + one-hour online tutorials
- Tutorials run Wednesdays 2.30-3.30pm (during Victorian school terms)
- Assignments designed to enhance clinical work

Semester 2

- Attend a minimum of 3 x 2hr expert-led online seminars on Wednesday 1.30-3.30pm
- 2 full days of Autism Fundamentals online: Aug 2026, date TBA

Testimonials

"Highly recommend...this really should be a mandatory training for all new ICYMHS clinicians"

"In all of my study over the years I have found this the most helpful."

"It has given me an opportunity as a new clinician to look at the client holistically and to be mindful about any concerns/outstanding issues"

Applications open: from 1 October 2025 to 1 December 2025
Fees: 2026 DPC Theory (Victoria): $2,200 (Incl GST)
2026 DPC Theory (Non Victoria): $2,574 (Incl GST)

Learn more at mindful.org.au

THE UNIVERSITY OF MELBOURNE