

# AUTISM AND SLEEPING ISSUES

July - December 2024

## WHO IS THE TRAINING FOR?

Mental Health Clinicians and other professionals such as psychologists, social workers, speech pathologists, occupational therapists, mental health nurses, paediatricians, psychiatrists and registrars, working with autistic children and young people.



## WHO PROVIDES THE TRAINING?

Dr Deb Marks is consultant paediatrician for the Royal Children's Hospital Mental Health Specialist Autism Team. Dr Marks is a paediatrician with child psychiatry training who has worked in mental health specializing in autism for over 25 years.

## WHAT DOES THE TRAINING INCLUDE?

This half day live webinar focuses on autistic children and adolescents with sleeping issues including background issues and aetiology, medications, and simple behavioural measures that can be used in mental health consultations to improve sleep. This presentation will include clinical case presentations and opportunity for attendees to raise clinical challenges and concerns when working with these children/young people if time allows.

View all our Autism training workshops at:  
<https://mindful.org.au/asd-training>

### Please note:


We encourage early registration as some workshops reach capacity quickly. Additional workshops may be scheduled if there is sufficient interest.

Fees listed include the Goods and Services Tax (GST).

### Where are we?

Mindful - Centre for Training and Research in Developmental Health  
 Department of Psychiatry,  
 University of Melbourne

Building C, 50 Flemington Street,  
 Travancore VIC 3032

 This training will be delivered as a live webinar via Zoom unless otherwise indicated.

### Enquiries

Please direct enquiries to Frances Saunders, Statewide Autism Training Coordinator at:

✉ [mindful-asd@unimelb.edu.au](mailto:mindful-asd@unimelb.edu.au)



**DATE (9.00am - 12.30pm)**

Friday 11th Oct (live webinar)

**COST: \$130**

**Subsidised rate of \$65 is available to Victorian CYMHS/CAMHS/ICYMHS:** including Orygen, Children's Health & Wellbeing Locals, Victorian headspace, ACCHO/ACCHS, Take Two clinicians.

Register online at <https://mindful.org.au/asd-training>



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