

Autism & Eating Disorders

Who is the training for?

Mental health clinicians and other professionals working with **autistic children and young people (preschool to adolescent)**, e.g. psychologists, social workers, speech pathologists, occupational therapists, paediatricians, psychiatrists and registrars.



Who provides the training?

Dr Claire Burton is a clinical psychologist who has worked in a range of CAMHS settings. Dr Burton currently works for the RCH Psychology Service and at Mindful as the Academic Lead, Workforce Development & Training. She has over 10 years experience treating paediatric eating disorders.

Anna (they/them) is a late-identified neurodivergent Accredited Practising Dietitian with lived experience of an eating disorder. Anna is currently undertaking a PhD at Bond University where they are exploring the impact of neuronormative nutrition, feeding and eating guidance and interventions on neurodivergent children and their families. Anna also works as a teaching fellow at Bond University and as a consultant on a range of eating disorder research, policy, and professional development projects.

What does the training include?

This live webinar will:

- Summarise the guiding principles of the neurodiversity paradigm and relate these to eating disorder care.
- Explain the multi-dimensional differences that contribute to eating differences amongst autistic individuals
- Outline co-occurrence of eating disorders and autism.
- Consider potential adaptations to traditional eating disorder treatments that align with the principles of neurodiversity affirming eating disorder care and practice applying these to a case study.

DATE: Wednesday 21st May

TIME: 9:00am – 2:30pm

LOCATION: Online via Zoom*

COST: \$190 / \$95*

*Subsidised rate for Victorian CYMHS/CAMHS/ICYMHS: including Orygen, Children's Health & Wellbeing Locals, Victorian headspace, ACCHO/ACCHS, Take Two clinicians.

Register online at mindful.org.au/asd-training

