

MINDFUL INTRODUCTION TO INFANT MENTAL HEALTH (MIIMH) ONLINE COURSE



The *Mindful* Introduction to Infant Mental Health (MIIMH) is a half day, online, on-demand training course providing an introduction to the ideas, research and clinical practice concerning the mental health and wellbeing of children 0-5 years and their families/carers.

Over 4 modules it covers infant and early childhood development, an introduction to Attachment Theory and principles of therapeutic work with infants and young children and their families/carers. It provides an ideal start for clinicians beginning practice with infants and young children as well as those seeking a refresher on the topic.

THIS COURSE IS FOR:

The training is suitable for clinicians (all disciplines) working in CAMHS/CYMHS and professionals working in child protection, family support and early childhood sectors interested in infant mental health.

COST:

FREE for Victorian ICYMHS (CAMHS/CYMHS/Orygen) clinicians
\$80 for Victorian Take Two, headspace, ACCHO/ACCHS clinicians
\$160 for other Victorian & Interstate clinicians

ENQUIRIES:

Please contact mindful-iimh@unimelb.edu.au



Register online at

mindful.org.au/developmental-mental-health-training/miimh

For more information find us at: www.mindful.org.au

Please note: This information is correct at the time of publishing at is subject to change.