

# ICYMH

## Skills Development

### Attachment & Parenting

This seminar will provide a brief overview of attachment and will consider the parent-child relationship, and possible problems that may occur.



#### 2 hour online workshop

**Presenter: Ms Victoria Hingston**

Victoria is a Speech Pathologist with an extensive history of working with parents and infants, children, and adolescents.

**DATE** (1:30pm – 3:30pm Melbourne Time)  
Wednesday 23 July 2025 (live seminar)

### School Refusal

This seminar will describe approaches to conceptualising and assessing school refusal along with initial management strategies.



#### 2 hour online workshop

**Presenter: Associate Professor Glenn Melvin**

Glenn is an experienced Clinical Psychologist and researcher with particular interests in anxiety, depression and school refusal in children and young people.

**DATE** (1:30pm – 3:30pm Melbourne Time)  
Wednesday 10 September 2025 (live seminar#)

### Alcohol & Other Drugs: Readiness to Change

This seminar will explore the nature of adolescent substance use, factors surrounding readiness to change, and how to support this.



#### 2 hour online workshop#

**Presenter: Mr Andrew Bruun**

Andrew is CEO at the Youth Support and Advocacy Service, or YSAS. YSAS is one of Australia's largest youth-specific community service organisations.

**DATE** (1:30pm – 3:30pm Melbourne Time)  
Wednesday 24 September 2025 (live seminar#)

### Working with Systems

Young people typically don't present to mental health services alone. This seminar considers why a systemic approach to assessment, diagnosis, formulation and treatment planning is vital.



#### 2 hour online workshop#

**Presenter: Ms Kathleen Wood**

Kathleen is a qualified Social Worker working at Take Two as a Senior Consultant, leading the Neurosequential Model of Therapeutics (NMT) practice portfolio.

**DATE** (1:30pm – 3:30pm Melbourne Time)  
Wednesday 29 October 2025 (live seminar#)

### Attention Deficit Hyperactivity Disorder

This seminar looks at ADHD, a neuro-developmental disorder that begins in early childhood and is regularly seen in presentations at Child and Adolescent Mental Health Services.



#### 2 hour online workshop#

**Presenter: Dr Emma Sciberras**

Emma is a Senior Clinical Psychologist working in the Developmental Assessment and Management Program at the Alfred Infant Child and Youth Mental Health & Wellbeing Service

**DATE** (1:30pm – 3:30pm Melbourne Time)  
Wednesday 19 November 2025 (live seminar#)

**COST: \$60\*\* / \$30\***

\*Price for Victorian & Tasmania ICYMHs, Take Two, PYMHWS, Headspace and ACCHO availability

\*\* Price for Other professionals

Live webinar training is delivered via Zoom videoconference.  
Only # **These workshops are recorded** (2 months access provided).

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Workforce Development and Training Team

Register online at [mindful.org.au](https://mindful.org.au)