

Autism & ADHD

Who is the training for?

Mental health clinicians and other professionals **working with children 0-12 and adolescents diagnosed in childhood**, e.g. psychologists, social workers, speech pathologists, occupational therapists, mental health nurses, paediatricians, headspace clinicians, psychiatrists and registrars.



Who provides the training?

Dr Emma Sciberras, Senior Clinical Psychologist; Autism/Neurodevelopmental Coordinator: Peninsula Health; Honorary Research Fellow, Murdoch Children's Research Institute

A/Prof Daryl Efron, Paediatrician: Royal Children's Hospital; Honorary Research Fellow: Murdoch Children's Research Institute

Johanna Rouse, Senior Occupational Therapist & Autism Clinician: Mindful

Frances Saunders, Statewide Autism Coordinator & Senior Speech Pathologist: Mindful

Emily Unity, Mental health advocate. Emily is informed by their intersectional lived and living experiences in mental health, neurodivergence, LGBTIQ+ and multiculturalism.

What does the training include?

This workshop will focus on Autism and ADHD in **children 0-12 and adolescents diagnosed in childhood**. This workshop includes:

- What is ADHD and how common is ADHD in autistic children and adolescents.
- Key co-occurring features.
- Overview of assessment process for ADHD in the context of autism or autism assessment.
- Best practice supports and practical strategies for ADHD and co-occurring autism.

Lived experience perspectives of the diagnostic process will be incorporated throughout. Whilst this workshop does not focus on late diagnosis in adolescents or adults, current clinical challenges will also be discussed.

Pre-Course Requirement: Access to Mindful's new online **Introductory ADHD** module is included in your registration. **This is a required pre-course learning activity (2hrs)** and must be completed before the workshop. Access is granted 8 weeks prior to the workshop date.

DATE: Friday 28 November

TIME: 9:00am - 2:30pm

LOCATION: Online via Zoom*

COST: \$290 / \$130*

*Subsidised rate for Victorian clinicians in ICYMHS, headspace, Take Two, ACCHOs, & Children's Health & Wellbeing Locals.

Register online at mindful.org.au/autism-training

*These workshops are not recorded. Please read our [Cancellation and Attendance policy](#) before booking.



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