Mindful
Centre for Training and Research in Developmental Health

ICYMH Mindful Seminars

2-hours live online

School Refusal

This seminar will describe approaches to conceptualising & assessing school refusal along with initial management strategies.

Presenter: Professor Glenn Melvin

DATE (1:30 - 3:30pm Melbourne Time)
Wednesday 15 July 2026

Severe Affective Disorders / Bipolar Affective Disorder

This seminar will provide an overview of severe affective disorders with a focus on bipolar disorder in young people.

Presenter: Dr Craig Macneil

DATE (1:30 - 3:30pm Melbourne Time)
Wednesday 29 July 2026

Working with Gender & Sexuality Diverse Young People

This seminar will explore diversity in gender & sexual identity within a framework of healthy development.

Presenter: Rhylee Hardiman & Robbie Eres

DATE (1:30 - 3:30pm Melbourne Time)
Wednesday 19 August 2026

Attachment & Parenting

This seminar will provide an overview of attachment, parent-child relationships, & possible problems that may occur across infancy, childhood, & youth.

Presenter: Melainie McKay

DATE (1:30 - 3:30pm Melbourne Time)
Wednesday 2 September 2026

Alcohol & Other Drug Use - Readiness to Change

This seminar will explore the nature of adolescent substance use, factors surrounding readiness to change, & how to support this.

Presenter: Andrew Bruun

DATE (1:30 - 3:30pm Melbourne Time)
Wednesday 23 September 2026

Somatic Symptoms & Associated Functional Issues

This seminar looks recurring somatic complaints that are unable to be explained by any well-defined physical disorder during childhood & adolescence.

Presenter: Dr Andrew Court

DATE (1:30 - 3:30pm Melbourne Time)
Wednesday 7 October 2026

Adolescent Delinquency & Violence

This seminar will provide participants with an understanding of the psychological issues related to offending youth in our society.

Presenter: Dr Julianne Read

DATE (1:30 - 3:30pm Melbourne Time)
Wednesday 21 October 2026

Working with Systems

Young people typically don't present to mental health services alone. This seminar considers why a systemic approach to assessment, diagnosis, formulation & treatment planning is vital.

Presenter: Kathleen Wood

DATE (1:30 - 3:30pm Melbourne Time)
Wednesday 4 November 2026

Attention Deficit Hyperactivity Disorder

This seminar looks at ADHD, a neuro-developmental difference that begins in early childhood & is regularly seen in presentations at ICYMHS.

Presenter: Dr Emma Sciberras

DATE (1:30 - 3:30pm Melbourne Time)
Wednesday 18 November 2026

COST: $40*/$80**

*Price for Victorian ICYMHS, Take Two, PYMHWS, Headspace and ACCHO availability
** Price for Other professionals

Live webinar training is delivered via Zoom videoconference.
Workshops are recorded (2 months access provided).

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Workforce Development and Training Team

Register online at mindful.org.au

THE UNIVERSITY OF MELBOURNE