

Autism and Perinatal Mental Health

Who is the training for?

Mental Health Clinicians and other professionals **working with autistic women or birthing people**, e.g. psychologists, social workers, speech pathologists, occupational therapists, midwives, psychiatric nurses, paediatricians, psychiatrists and registrars.



Who provides the training?

Dr Emma Radford is a Consultant Psychiatrist at The Royal Melbourne Hospital. She works in General Adult Psychiatry and with the Mental Health Autism Consultation & Evaluation Service (MH-ACES). Dr Radford has a particular interest in the diagnostic assessment of autism in adults and meeting the unique needs of neurodivergent consumers presenting to mental health services.

Emily Mawson is a Clinical Psychologist, with a particular interest in women's health issues, autism and trauma. Emily works across both the public and private mental health sectors and has previously worked in the Werribee Mother Baby Unit.

Johanna Rouse, Senior Occupational Therapist & Autism Clinician, Mindful

Jade Parsons Lived and Living Experience Consultant, PBS clinician and mother.

What does the training include?

This half day workshop will focus on the autistic experience of the perinatal period and associated mental health experiences. The session will be presented from a multidisciplinary lens. Learning will include:

- An overview of the current literature in this area.
- Social communication, sensory and cognitive differences that autistic women or birthing people may experience and how these affect the perinatal experience, mother-infant relationship, and mental health and wellbeing.
- Case based discussion and activities.
- Lived experience perspective.

DATE: Friday 20th June

TIME: 10:00am - 1:45pm

LOCATION: Online via Zoom*

COST: \$140 / \$70*

*Subsidised rate for Victorian CYMHS/CAMHS/ICYMHS/AMHS: including Orygen, Victorian headspace, ACCHO/ACCHS, Take Two clinicians. and clinicians employed by Victorian public mental health services (including Forensicare).

Register online at mindful.org.au/asd-training

