

# ADULT AUTISM INTRODUCTORY COURSE 2022

## WHO IS THE TRAINING FOR?

Psychiatrists, Psychologists, Occupational Therapists, Social Workers, Speech Pathologists, Psychiatric Nurses and Peer Support Workers.



## WHO PROVIDES THE TRAINING?

This training is provided as a three hour online on-demand module.

## WHAT DOES THE TRAINING INCLUDE?

The **Adult Autism Introductory Course** is an online self-paced interactive learning module. This module covers similar material taught in the Mindful half day live webinar 'ASD & Adults Introductory'. This module provides education to adult mental health clinicians about autism. No previous knowledge of autism is assumed. Some learners may know little about autism, others may have extensive experience, and most will have some preconceived ideas about autism.

This course aims to raise awareness of the prevalence of autism in adulthood, as well as help clinicians to think differently about their approach to adult mental health so that they are more likely to consider autism when working with adults. During this course you will learn to:

1. Identify how our understanding of autism has changed from the 20th century to the 21st century
2. Understand importance of considering a diagnosis of autism in adults with a co-occurring mental illness
3. Identify potential features of autism in adults that would benefit from further assessment
4. Identify the potential differences and similarities between the presentation of autism and mental health conditions in adults
5. Identify adaptations to may be used to modify mental health practice to better meet the needs of autistic clients.

While learning this, we aim to update your view of what it is to be autistic, and to encourage you to consider the possibility of autism when you have a patient/consumer sitting in front of you. Throughout this course, you will be hearing from autistic people directly.

**Please note it may take up to 72 hours after registration to gain access to the training.**

View all our ASD training workshops at:  
<https://mindful.org.au/asd-training>

### Please note:

We encourage early registration as some workshops reach capacity quickly. Additional workshops may be scheduled if there is sufficient interest.

Fees listed include the Goods and Services Tax (GST).

### Where are we?

Mindful – Centre for Training and Research in Developmental Health  
Department of Psychiatry,  
University of Melbourne

Building C, 50 Flemington St,  
Travancore, VIC 3032



This training is delivered as an online self-paced interactive learning module

### Enquiries

Please direct enquiries to Frances Saunders, Statewide Autism Training Coordinator at:

✉ [mindful-asd@unimelb.edu.au](mailto:mindful-asd@unimelb.edu.au)

## HOW DO I REGISTER?

Click the link below to register. Follow the steps in the confirmation email (check your junk/spam folder). This training is accessible for 4-weeks from date of enrolment confirmation.

NOTE: You may experience a short delay with the LMS server so if it doesn't work immediately, it is worth trying a bit later, or even the next day. However, if you are still unable to log in after 24 hours, please contact us so we can assist to try to resolve the problem. We have had reports from some people of problems with specific browsers once they are enrolled so if you find yourself in the dashboard space but unable to see the program, please try using a different browser.

### COST: \$110

Fully subsidised (free) for AMHS clinicians (including Forensicare). Subsidised rate of \$55 is available for Victorian CYMHS/CAMHS, Orygen, ACCHO/ACCCHS, Take Two and Headspace clinicians.



Register online at [ecommerce.unimelb.edu.au/mindful](https://ecommerce.unimelb.edu.au/mindful)

**Disclaimer:** All information correct at time of printing. Mindful reserves the right to make changes to the training calendar or any general or specific information published in this calendar. Mindful reserves the right to cancel courses that do not achieve minimum participation, in which case, course fees will be refunded.

**Cancellation Policy:** Registered participants who are unable to attend and notify us of this in writing prior to fourteen days before the workshop may either: (1) cancel their registration and receive a refund of their payment minus administration fee of 20% or \$40, whichever is greater; (2) transfer their registration to another eligible participant (no fee); (3) in some circumstances may be able to transfer their registration to an equivalent-cost ASD workshop in the same calendar year, if space is available. Participants who cancel 14 to 2 business days before the workshop may be permitted to transfer their registration to another eligible participant (no fee). In exceptional circumstances, please contact Mindful.